YOUR GROWTH LEADER / FREE LEADER QUESTIONNAIRE

Where Does Your Team Get Stuck?

A five-minute check for leaders considering the RISE Workshop for Teams.

1. Spot what keeps happening

Think about the past two weeks. Mark each statement as **Never**, **Once**, or **More than once**. Use a recent project or recurring meeting as your reference.

	Never	Once	2+ times
Inefficient meetings We left a meeting unclear about the decision, next step, or owner.	☐	☐	☐
Unclear goals People acted on different priorities or could not say what to pause.	☐	☐	☐
Too many meetings We held a meeting for an update or approval we could handle another way.	☐	☐	☐
Psychological safety Someone raised a concern late or only after the meeting.	☐	☐	☐
Dependability A commitment slipped before the people counting on it heard about the risk.	☐	☐	☐
Structure and clarity A decision bounced back for approval or a handoff stalled over ownership.	☐	☐	☐

2. Check whether your team is ready

Mark each statement you can say yes to.

- ☐ We can bring one specific example and describe its impact.
- ☐ The team and leader are willing to examine their own responses.
- ☐ We can clarify what the team can decide and when it should escalate.

Read your results. A repeated issue or one costly incident gives you a topic. If all three readiness statements fit, bring that example to a discovery call. If any are unchecked, use the call to clarify what needs to be in place before the workshop.

Bring this question. What happened in the last two weeks that you don’t want your team to repeat?

Talk through your results with Biana Lerman

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